

ABSTRACT

This study is entitled "Analysis of the Psychological Condition of Residents After the Flood Disaster in Burni Pase Village, Permata District, Bener Meriah Regency." The study was motivated by the occurrence of a flood disaster in Burni Pase Village, Permata District, Bener Meriah Regency, which caused not only physical and economic losses but also significant psychological impacts on the affected community. The purpose of this study was to identify the psychological conditions of residents after the flood disaster and to examine the factors influencing those psychological conditions. This research employed a qualitative approach using a field research design. Data were collected through interviews, observations, and documentation. The research informants consisted of four residents who were directly affected by the flood. Data were analyzed through data reduction, data presentation, and conclusion drawing. The findings revealed that the psychological condition of the residents after the flood was characterized by fear, anxiety, trauma, sleep disturbances, emotional distress, economic stress, and changes in social behavior. Factors influencing the psychological condition of the residents included traumatic experiences during the flood, the extent of losses suffered, post-disaster economic conditions, concerns about potential future floods, and environmental and weather conditions. On the other hand, social support, family relationships, a culture of mutual cooperation, and religious activities were found to play important roles in facilitating the psychological recovery of the affected community. Based on the research findings, it is recommended that village and local governments enhance psychosocial support programs, counseling, disaster preparedness education, and mental health services for affected communities. Communities are also encouraged to continue strengthening solidarity, the culture of mutual cooperation, and preparedness for potential future disasters.

Keywords: Psychological Condition, Post-Disaster, Flood, Trauma, Anxiety, Community

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